

Dear participant of the Swimming competition at the Youth Games 2025

We are truly excited to welcome you to this year's **International Youth Games in Aalborg!**

It will be an inspiring and unforgettable event filled with friendship, fun, and international togetherness.

This year, we are proud to host **108 young swimmers and their coaches from 10 different countries**. 132 participants in total.

On the **swimming side**, the following countries are represented:

- **Almere - The Netherlands:** 27 participants
- **Vilnius - Lithuania:** 15 participants
- **Gdynia - Poland:** 12 participants
- **Innsbruck - Austria:** 11 participants
- **Lancaster - England:** 10 participants
- **Rendsburg - Germany:** 9 participants
- **Fuglefjord - Faroe Islands:** 8 participants
- **Tulcea - Romania:** 6 participants
- **Hefei - China:** 5 participants
- **Aalborg - Denmark:** 28 participants

We look forward to sharing some fantastic days with all of you — filled with sports, shared experiences, and new friendships, all set in the beautiful city of Aalborg.

On the next pages you will find:

- The **preliminary program** for the Swimming part of the Youth Games
- **Practical information** in regard to the Swimming events.
- **Location links** to the arena, and other locations.
- **Contact information** to the organizer team.
- The swimming **event list** with an included overview of the event.

Attached to the welcome email you will find:

- The Information Letter (This file)
- A **registration form** "Participant list.xlsx" to be filled out and returned to us, return deadline is June 23rd.
- Once you return the list to us, we will enter the swimmers to the competition, and then you will be able to see them on the [event website](#).



If you have any questions, don't hesitate to reach out to us. We want you to have the best possible experience!

We can't wait to meet you and share an amazing week together!

Best regards

The Organizer team and the Swimmers from Aalborg!

(Mette Munk Larsen, Morten Bjørn Larsen and Flemming Skjøtt)



The Swimming events are jointly hosted by:



Preliminary Program – International Youth Games 2025 – (for Swimmers)



Tuesday, July 29

- Arrival throughout the day
- **17:00–18:30** – Dinner at Freja

Wednesday, July 30

- **07:00–08:30** – Breakfast and packed lunch at Freja
- **08:45–09:00** – Welcome at Haraldslund, plus a few practical bits of information
- **09:00–16:00** – Sports and sightseeing: *(Everyone meetup at Haraldslund)*
 - **09:00–11:30** – Training in the pool: NL, FO, D and RO (there will be lane(s) for each Country, you train on your own)
 - **09:00–12:00** – Sightseeing for PL, A, GB, LT and CN *(Facilitated by the Aalborg Swimmers)*
 - **12:00–13:00** – Lunch for all at Haraldslund
 - **13:00–15:30** – Training in the pool: PL, A, GB, LT and CN (there will be lane(s) for each Country, you train on your own)
 - **13:00–16:00** – Sightseeing for NL, FO, D and RO *(Facilitated by the Aalborg Swimmers)*
- **17:00–18:30** – Dinner at Freja
- **18:45–19:00** – Walk to Vestre Fjordpark
- **19:00–19:30** – Opening Ceremony at Vestre Fjordpark

Thursday, July 31

- **07:00–08:30** – Breakfast and packing Lunch boxes at Freja
- **09:00–17:00** – Swimming competition at Haraldslund
 - **08:30–09:45** – Pool is open for warmup
 - **10:00** – Morning events begin
 - **13:00** – Afternoon events begin
- **17:00–21:00** – Dinner and social time at Haraldslund

Friday, August 1

- **07:00–09:00** – Breakfast and packing Lunch boxes at Freja
- **09:00–11:00** – Morning training and swim fun at Haraldslund
- **11:00–11:30** – Lunch for all in Haraldslund
- **11:30–12:30** – Public Bus transport from Haraldslund to the Bowling arena *(we will provide detailed information on this later).*
- **12:30–15:00** – Bowling tournament at Løvvang Bowling Center (country vs. country)
- **15:00–16:00** – Public bus transport back to the School(s) *(we will provide detailed information on this later).*



The Swimming events are jointly hosted by:



Friday, August 1 (continued)

- **17:30–18:30** – Dinner at Freja
- **19:00–23:00** – Participant Party at Freja
- **19:00–23:00** – Leader Party at Freja

Saturday, August 2

- **08:00–10:00** – Breakfast and packing Lunch boxes at Freja
- **10:00–16:00** – Activity Day at Vestre Fjordpark
- **17:00–18:00** – Dinner at Freja
- **18:30–19:00** – Closing Ceremony at Vestre Fjordpark

Sunday, August 3

- **07:00–09:00** – Breakfast and packing Lunch boxes at Freja
- Departure throughout the day

Practical information:

The locations: (names are google maps links)

- [Freja Hallen](#): Where you will eat most of your meals, and enjoy each other's company for the party Friday night
- [Vestre Fjordpark](#) – Public outdoor recreational area with water sports, high diving, swimming pool and much more. This is where the opening and closing events will be held.
- [Haraldslund Water and Culture Center](#) - The swimming venue where all Swimming related events take place. Plus the social event after the competitions on thursday.
- [Løvvang Bowling Center](#) – The largest bowling venue in Denmark.

Organizer contact information:

If you have any questions at any time, feel free to contact us on this email address:

youthgames@svømmeklubbennord.dk and we will respond as quickly as possible.

Emergency contact numbers:

+45 2026 6434 (Flemming Skjøtt – Event Organizer)

+45 2071 2583 (Morten Bjørn Larsen – Event Organizer)

Optional contact channel

If you have a Microsoft Teams account, you can talk to us at the same email-address for convenience. (youthgames@svømmeklubbennord.dk)

There is also a Teams channel available at:

[International Youth Games 2025 - Aalborg | General Chat | Microsoft Teams](#)

Feel free to request access by clicking the link above, or send your Microsoft account email address to us at youthgames@svømmeklubbennord.dk and we will add you to the channel.



The Swimming events are jointly hosted by:

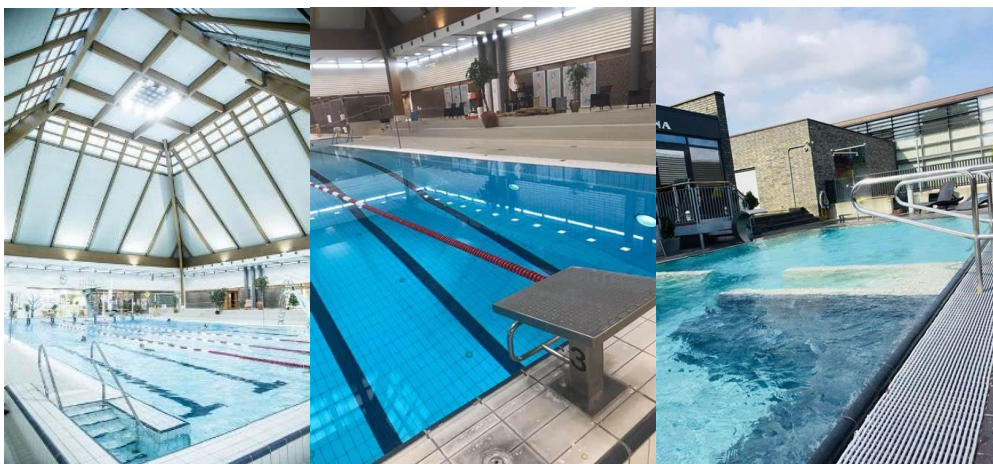


Competition information:

- The competition will be held in a 25 meters pool with 7 lanes. We expect to use 5 or 6 of these for the competition.
- There will be semi electronic timekeeping, and a live scoreboard within the arena.
- The Competition will be held in compliance with the official World Aquatics rules
- The pool will open for warmup at 08:30 in the morning.
- Live result and timing during the competition can be found at this link: [Swimify - International Youth Games 2025](#)
- Scan the QR Code to the right to be redirected directly to the Swimify Live timing website.
- Age Groups (individual events):
 - Group 1 – 13-14 years (2011-2012)
 - Group 2 – 15-16 years (2009-2010)
- No age restrictions for relay events.
- Cancellations must be delivered to the Event Secretary at least 1 hour prior to first event of session start.
- Relay-participant forms are in the excel spreadsheet with participant information, these can be changed later (see next bullet).
- Changes to Relay participants must be delivered to the event secretary one hour before first event of session start. (Same deadline as cancellations)
- If you are lacking swimmers for a relay event, feel free to lend/borrow swimmers from each other. We will gladly help coordinate this, just ask at the event briefing.
- Event Briefing will be held Thursday at 09:00, each city/country needs to send one delegate to participate (it will be in English).



**AALBORG
INTERNATIONAL**
YOUTH GAMES 1975-2025



The Swimming events are jointly hosted by:



Competition Event list:

The day will be divided into two sessions, morning and afternoon, separated by a lunch break.



Event number:	Distance in meters	Style	Gender:
1	4 x 50 Relay	Freestyle	MIXED
2	50	Freestyle	Women
3	50	Freestyle	Men
4	100	Backstroke	Women
5	100	Backstroke	Men
6	200	Breaststroke	Women
7	200	Breaststroke	Men
8	100	Individual Medley	Women
9	100	Individual Medley	Men
10	50	Backstroke	Women
11	50	Backstroke	Men
12	200	Butterfly	Women
13	200	Butterfly	Men
14	100	Breaststroke	Women
15	100	Breaststroke	Men
Medal Ceremony event 1-15			
16	4 x 50 Relay	Medley	Women
17	4 x 50 Relay	Medley	Men
Lunch Break			
18	100	Butterfly	Women
19	100	Butterfly	Men
20	200	Individual Medley	Women
21	200	Individual Medley	Men
22	50	Breaststroke	Women
23	50	Breaststroke	Men
24	100	Freestyle	Women
25	100	Freestyle	Men
26	200	Backstroke	Women
27	200	Backstroke	Men
28	50	Butterfly	Women
29	50	Butterfly	Men
30	200	Freestyle	Women
31	200	Freestyle	Men
Medal Ceremony event 16-30			
32	4 x 50 Relay	Freestyle	Women
33	4 x 50 Relay	Freestyle	Men
Medal Ceremony event 31-32			



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